

## Changing Room Policy

- Adults must not change, or shower, at the same time as children.
- Adults should try to change at separate times to children during matches, for example when children are padding up.
- If adults and children need to share a changing facility, the club must have consent from parent/carer that their child(ren) can share a changing room with adults in the club.
- Mixed gender teams may have to use the additional separate male/female toilets if not enough separate male/female changing rooms are available.
- Mobile phones must not be used in changing rooms.
- If children are uncomfortable changing or showering at the club, no pressure will be placed on them to do so. Instead they may feel more comfortable to change and shower at home.